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WANT IT QUICK?

Well of course you do. What is the use of lumber if you can't get it when you want it?

WE DELIVER PROMPTLY

We realize that we must not only be of the GET THERE kind in delivery, but we must GET THERE with quality and prices as well.

Call and see us--as a special favor to yourself.

THE PRICES ARE
RIGHT.

THE ARIZONA LUMBER & TIMBER CO.,
FLAGSTAFF ARIZONA.

powerful microscopes can reveal their presence. A single microbe is one ten thousandth of an inch in length, and its length is six times that of its width or thickness. The germs by their growth in the tissues usually make little nodules or tubercles. From these tubercles we derive the term tuberculosis, and the germ is known as the bacillus tuberculosis.

Wherever these germs grow in the body the tissues are apt to soften and break down. In the lungs this softened pus-like matter is coughed up. This sputum, or matter coughed up from a consumptive lung, is always laden with germs. All discharges from the tuberculous areas contain tubercle bacilli. It is by means of these discharges, chiefly from the lungs, that consumption is communicated. But consumption is preventable. This fact should be known throughout the land.

Every fair-minded person who has, or is threatened with consumption will spare no pains to avoid transmitting his disease to others. The consumptive is a safe companion so long as he destroys his sputa. Neither the air breathed by him, nor the exhalation from his body can cause the disease. So long as the matter expectorated remains moist the germs are held glued to it and therefore do no harm. But it soon dries and then by one means or another is ground into dust. This sputum dust, containing myriads of bacilli, is spread by the duster and broom or by the breeze, and is breathed into the lungs of others. For the consumptive to spit upon the floor of a room or upon the stairs or passages of any building is to endanger the lives of everyone entering the building. And every one with a cough should spit into a cup or a box, and wash the cup or box in a germicide solution. Boxes with sawdust in them may be used as receptacles. These should never be left uncovered for flies to get on them, for a fly can carry off numbers of the bacilli on one of its tiny legs. Nor should these boxes be used longer than twenty-four hours and then the box and all its contents should be burned.

Write in the house the consumptive should always spit into a cuspidor or special cup. These vessels should contain a five per cent solution of carbolic acid, or some other strong germicide. These cups and cuspidors should never become foul, but should be frequently washed in germicide solutions. Boxes with sawdust in them may be used as receptacles. These should never be left uncovered for flies to get on them, for a fly can carry off numbers of the bacilli on one of its tiny legs. Nor should these boxes be used longer than twenty-four hours and then the box and all its contents should be burned.

The consumptive should be very cleanly in his habits. He should thoroughly wash his hands, lips and mouth often during the day. The consumptive mother should never suckle her babe. The clothes worn by a consumptive are apt to become infected, and should never be used by others until disinfected. The consumptive should never follow occupations where he is compelled to handle the food or wearing apparel of others, or which brings him in to close relations with others. If compelled to such positions, he should be very careful that none of his sputa gets upon his hands or upon the articles handled by others. By the use of common sense and a good conscience in the observance of these directions, the consumptive may avoid entirely the dangers with which his presence threatens the community. Remember that safety to others lies in the immediate destruction of all sputum or discharge from tuberculous parts.

If you are born of consumptive parents, or if you are narrow-chested and have small lungs and a weak heart, or if you are subject to dyspepsia, or from any cause you have a weak and feeble constitution, you should carefully avoid associating with those who have consumption. Especially should you avoid associ-

E. F. GREENLAW

C. A. GREENLAW

GREENLAW LUMBER CO.

FLAGSTAFF, ARIZONA

.....MANUFACTURERS AND DEALERS IN.....

Native Pine Lumber, Ties, Bridge Timbers,
Telegraph Poles, Mining Stulls,
Shingles, Laths.

"GEE WHIZ!"

Pay no attention to the space above of the Greenlaw Lumber Company. They only advertise a good quality of lumber, and lots of it. We want to say to you that we have the best quality of "grub" ever seen in this part of the country, and more of it; that our prices are higher than ever before heard of!

Can Tomatoes.....\$.75 per can.
Can Corn......65 per can.
"Punken" (Arkansaw)... .40 per can.
Nutmegs.....\$1.00 each.

Onions, soap and other table luxuries usual prices.

ANY OF THE ABOVE DAINTIES WILL BE
DELIVERED FREE AS SOON AS OUR HORSE,
WHICH IS CRIPPLED, GETS WELL.

LEAVE ORDERS AT

FLAGSTAFF COMMERCIAL CO. STORE

NEWS DEPOT.....

CHAS. A. KELLER, PROPRIETOR.

FANCY GROCERIES,
FRESH FRUITS,

CANDIES, NOTIONS,
STATIONERY,

TOBACCO,
CIGARS,

All the Delicacies of the Season Fresh from the Market.

You are invited to call and inspect my Stock.

FLAGSTAFF, ARIZONA



MANHOOD RESTORED "CUPIDENE"

This great Vegetable Vitalizer, the prescription of a famous French physician, will quickly cure you of all nervous or diseases of the generative organs, such as Loss of Manhood, Impotence, Pains in the Back, Seminal Emissions, Nervous Debility, Pimples, Unhappiness to Marry, Exhausting Drains, Varicose Veins, Constipation. It stores all losses by day or night. Prevents quick return of discharge, which if not checked leads to spermatorrhea and all the horrors of Impotency. CUPIDENE cleanses the liver, the kidneys and the urinary organs of all impurities.

CUPIDENE strengthens and restores small weak organs. The reason sufferers are not cured by doctors is because ninety per cent are troubled with Prostatitis. CUPIDENE is the only known remedy to cure without an operation. 3000 testimonials. A written guarantee given and money returned if six boxes does not effect a permanent cure. \$1.00 a box, six for \$5.00, by mail. Send for free circular and testimonials. THE PIONEER DRUG STORE, D. J. BRANNEN Proprietor Flagstaff, A. T.

Continued on Eighth Page.

LEGISLATIVE PROCEEDINGS

The Work of the Legislature Re-
viewed briefly

Horsestealing a Misdemeanor—Cap-
itol and Normal School Ap-
propriations Passed—Some
More Jokes.

PHOENIX, March 10.—[Special Cor-
respondence of THE SUN-DEMO-
CRAT.]

In the Council on Wednesday, March
3, the capitol appropriation bill was
passed and later in the week signed by
the Governor.

The bill creating Bulle county was
defeated.

The joint committee on the Utah
boundary matter submitted an adverse
report, recommending that the Legis-
lature do not memorialize Congress to
establish as the boundary line the
Grand Canyon of the Colorado.
Adopted.

Aspinwall's bill making the Re-form
School building at Flagstaff a branch
Insane asylum passed unanimously.

Ikenberry's bill taxing stock of na-
tional banks was passed.

A bill making horse stealing a mis-
demeanor and not a felony was
passed. The intent of this measure
is to allow the trial of the thief to
occur in Justices' courts rather than
take them to the county seat, thus
making a big saving in expenses.

Chalmer's bill defining a legal news-
paper passed the Council Thursday.

The deficiency bill was amended to
leave out the appropriation for news-
papers furnished the Eighteenth As-
sembly and passed the House.

Speed introduced a bill levying a
tax on dogs. This is said to be the
funniest thing yet done and provides
that the dogs pay the taxes themselves.

The bill taxing wandering herds of
sheep and cattle in the counties in
which their owners reside was consid-
ered in the Council and passed. The
bill is designed to aid Coconino, Nav-
ajo and Apache counties.

Saturday will long be remembered

by the House. It is a bill which when
passed, would exempt from the capitol
tax the funds of the State Normal School.
The bill was passed by a vote of 10 to 8.
The bill was introduced by Mr. Ikenberry.
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March 10 has been fixed as the last
day on which bills, jokes or anything
resembling them may be introduced.

The deficiency bill passed the Coun-
cil Monday unanimously.

A "scrap" between Aspinwall and
Ming in the Council was narrowly
averted. The bill exempting railroads
from taxation was in the hands of the
engrossing committee when it should
have been sent to the Governor, and
was called for. The chairman of that
committee, Mr. Ming, refused to dig it
up. Charges were made by Mr.
Aspinwall that the bill was being held
until action could be taken on the bill
creating Chiricahua county, with the
threat that if Messrs. Dutton and
Aspinwall voted against it, Ming
would see to it that the Governor
vetoed the tax exemption bill. Ming
denied he had made such a threat and
said that he had no object in holding
Dutton's bill in the engrossment com-
mittee rooms. After a great deal
more of this kind of discussion, peace
was restored by giving Ming five
minutes to place the bill in the hands
of the Governor. The measure reached
Governor Franklin five minutes later.

PREVENT CONSUMPTION.

An Interesting Article on How Not
to Contract the Disease.

Consumption is one of the most
fatal of diseases, once infected with its
germs. It is preventable, however,
and the following article has been pre-
pared for publication in the newspa-
pers throughout the land by the
Tristate Medical Association of Mis-
sissippi, Arkansas and Tennessee:
The cause of consumption is the growth
within the body of rod-like germs or
microbes, so small that only the most